# Breakthrough Mentor Coaching Enhancing your Presence and Power to call forth your Client's Greatness



"Attending this telecourse, I created a transcendent breakthrough for myself, versus incremental improvement in my coaching effectiveness!" NB

SIX key benefits for investing in **Breakthrough Mentor Coaching** now. You will:

- 1. Deepen your self-trust and confidence as a masterful coach
- 2. Enliven your intuitive ability and authentic expression
- 3. Embody the Core Competencies at the PCC /MCC levels more fully
- 4. Learn how to invite your clients into the transformational zone
- 5. Enhance your ability to promote and sell the value of your coaching
- 6. Earn 18 ICF CCEU's, or fulfill your minimum of ten hours ICF Mentored Coaching requirement

## "Breakthrough Mentor Coaching" is custom designed for coaches:

- Desiring to enhance skills at the art, heart, and science of coaching
- Looking for ICF renewal credits
- Preparing for ICF accreditation application
- Fulfilling ICF ten hours of Mentored Coaching requirement

"Thank you for your wisdom, insight and feedback -- and your encouragement! ... when I look back at how much I have learned in this class, it is mind-boggling. I know this experience has stretched me, changed me and caused me to grow tremendously as a coach." DT

### **Breakthrough Mentor Coaching**

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"With great skill, warmth, respect, patience, humour and a profound love of coaching you wove together a group of strangers into an international learning community. For me, being a participant in this class was a wonderful growth experience." MK

#### Format:

- Ten 1.5 hour teleclass small group sessions\* bi-weekly
- Includes: demos, exercises, peer coaching and feedback, Resource Manual, reading, and homework assignments
- Three one-to-one feedback mentoring sessions

\*Note: to fulfill your 10 hours of mentored coaching, ICF accepts seven group sessions and three 1:1 sessions with a trained mentor coach. This course fulfills those requirements.

**Dates:** Tuesdays 2016

February 16, March 1, 15, 29, April 12, 26, May 10, 24, June 7, 21

**Time**: 9:00 -10:30 pm Pacific (12-1:30 Eastern)

**Tuition: \$1,250** 

Early bird \$1,100 expires January 15, 2016

#### For more information or TO REGISTER:

Fran Fisher 425-401-1374 <u>fran@franfishercoach.com</u> Sandra Jones 425-646-8170 <u>sandra@yoursoulsatisfaction.com</u>

"Your feedback has me listening for the real meaning behind my client's words and committed to using my intuition more frequently."

**Your facilitators** are two highly experienced mentor coaches:

Fran Fisher, MCC, ICF Assessor Sandra Jones, PCC, Certified Mentor Coach

fran@franfishercoach.com 425-401-1374 www.franfishercoach.com

Fran and Sandra are highly skilled mentors for experienced and aspiring coaches. They are innovative coaching professionals who specialize in mentoring coaches. Together they bring over thirty years of combined coaching skills training experience. See their brief bios below:

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### Fran Fisher, Master Certified Coach

**Fran** is a Master Certified Coach (MCC), visionary leader, international speaker, and published author. She specializes in providing mentoring for coaches, and coaching services for small business owners, executives, and collaborative teams.

Recipient of *The Lifetime Achievement Award* 2012 by the ICF Chapter Washington State, Fran is recognized internationally as one of the pioneers and champions for coaching. She served as a founding International Coach Federation, ICF, Executive Board member, and co-chair of the Ethics and Standards Committee, responsible for developing the Credentialing Programs for aspiring coaches and training schools. Fran was the first Executive Director of the Association for Coach Training Organizations, ACTO. She is currently serving as an ICF Credentialing Assessor, and Adler International School faculty member.

Fran's passion is helping people liberate their authentic power and manifest their highest visions. She specializes in facilitating a transformational approach for blending the art of visioning with the structure of strategic planning and intuitive listening to empower her clients for greater success and fulfillment.

In 1991, Fran founded the *Living Your Vision*® (LYV) process for empowering individuals in transforming their visions into reality. In 1997, Fran founded the Academy for Coach Training, one of the first International Coach Federation (ICF) accredited schools. In 2005, shifting her focus to private practice, and more writing and speaking, Fran sold the ACT and LYV businesses and their associated trademarks to I & AM, LLC dba inviteCHANGE.

Fran is author of <u>Violet's Vision</u>, <u>www.violetsvision.com</u>, and <u>The Illusion of Hopelessness</u>. She is a contributing author to <u>NO Winner Ever Got There Without a Coach</u>, with her chapter titled: <u>Living True to Your Essence</u>.

Fran lives in Bellevue, Washington, USA. In her leisure time, she enjoys ballroom dancing, hiking Pacific Northwest Trails and long walks on ocean beaches.

Visit her <u>website</u> and connect with her on <u>LinkedIn</u>.

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### **Sandra Jones, Professional Certified Coach**



Sandra Jones, MA, PCC, and Certified Mentor Coach, Coaching Skills Facilitator and Trainer. Sandra is a masterful, experienced, professional coach dedicated to helping coaches fine-tune their skills for heightened confidence, professional competency and preparation for certification.

Sandra's coaching career spans more than 15 years including over four years specialization in Mentor Coaching. Her work includes collaboration with coaches in corporate and non-profit settings as well as helping entrepreneurs design and map out plans to build their personal mastery.

Sandra deepened her mentoring skills as Senior Trainer with the Academy for Coach Training and then as a faculty member and Certified Mentor Coach for <u>inviteCHANGE</u>. In 2014 Sandra was named Mentor Coach of the Year by the International Coaching Federation Washington State Chapter.

Sandra creates an atmosphere for learning and growth with her deep listening, compassionate presence and provocative challenges. She models and fosters creativity, consciousness and a willingness to stretch into one's full expression while in partnership with her client or mentee.

Sandra holds a B.A. from the University of Montana and a M.A. in Organizational Development from Antioch University. She brings 15 years' experience expanding options for leaders and teams within corporations and non-profits via coaching, facilitation and human resources. She has been active in American Society for Training & Development and is currently an active member of the International Coach Federation Washington Chapter and Toastmasters International.

Sandra lives in Bellevue, Washington, where she enjoys entertaining and outings with friends, hiking in the beautiful mountains nearby and contributing to communities that nurture her.

Visit her website and connect with her on LinkedIn.