Form Follows Thought – You Are What You Think

a collection by Fran Fisher

The ancestor to every action is a thought.

Ralph Waldo Emerson

You become what you think about all day and those days become your lifetime.

Dr. Wayne Dyer

Every decision you make stems from what you think you are, and represents the value that you put upon yourself. A Course in Miracles

What we think about, what we hold in our minds and put our attention and energy into, we actually draw into our lives. So it is time to stop precipitating the things we don’t want and start drawing to ourselves the things that we do want. Patricia Cota-Robles

First level of creation is THOUGHT (idea, vision...)
Second level of creation is WORD (And God “said”_____) Third level of creation is ACTION (deed, manifest, follow through)

Neale Donald Walsch

As you think so shall you be; your thoughts determine the quality of your life; new thoughts will ultimately lead you to new behaviors. Anon

If one advances confidently in the direction of his own dreams, and endeavors to live the life which he has imagined, he will meet with a success unexpected in common hours.

Henry David Thoreau

Focus on what you want and pay no attention to what you don't want; what you think and talk about expands. Ram Dass

As you see something seemingly taking place in your life, see it as an opportunity to know what is happening in your mind.

Tom Carpenter

The power of thought is enormous We can create thought Out of thought comes the entire direction of our lives We act on our thoughts We become what we think about all day long In the dimensionless world of thought, everything we think is here We have the ability to turn any thought into form with the power of mind Our lives are what our thoughts create.

Dr. Wayne Dyer

The significant problems we have cannot be solved at the same level of thinking with which we created them. Albert Einstein

...impulses of energy and information that we experience as thoughts...are the raw material of the universe. Deepak Chopra, MD

The thinking centers are the building materials needed; what we see, that we shall think; what we think, that shall we bring forth. Dr. Johnnie Colemon

Our life is shaped by our mind; we become what we think. Suffering follows an evil thought as the wheels of a cart follow the oxen that draws it. Our life is shaped by our mind; we become what we think. Joy follows a pure thought like a shadow that never leaves. Buddha

Your thoughts are something you control and they originate with you. Your thoughts create your physical reality. Anon

You live the life you imagine you are living. Anon

You are creating your life to be an ever-evolving work of art. The artist is your mind. The medium is your thoughts. Fran Fisher

Our life is what our thoughts make it.

Marcus Aurelius
So think as if your every thought were to be etched in fire upon the sky for all and everything to see. For so, in truth, it is. So speak as if the world entire were but a single ear intent on hearing what you say. And so, in truth, it is. So do as if your every deed were to recoil upon your head. And so, in truth, it is. So wish as if you were the wish. And so, in truth, you are. 

Mikhail Nimay from the Book of Mirdad

As ye think, so shall it be. Jesus

Every perception, thought, feeling, decision, and action has its own circuitry. Through the understanding of how your mind works you can literally change your neural circuitry and change your life. AmyK Hutchens

You are what your deepest desire is. As is your desire, so is your intention. As is your intention, so is your will. As is your will, so is your deed. As is your deed, so is your destiny. Deepak Chopra

Our thoughts, attitudes, and beliefs affect our emotions and actions, and therefore they affect how we handle extraordinary as well as ordinary challenges. The idea is that we have some control over what we think. This fact is often ignored, but it is the key to how well we cope and to whether we unlock our capacities for resilience and growth in the face of adversities. When short-sighted thinking tempts us to make choices that prove self-defeating, our long-range values can redirect us. When opportunity knocks, our belief systems determine whether we open the door, and what we do if we open it up. Our belief systems determine how we respond. Learning how we think, and how we can think more productively, is the key to effective living. This is true no matter how major the problems are that we have to live with, and how minor our resources. It is the key to personal freedom. Emmett Velten and Pat Penn